

CLASS SCHEDULE

East Coast Academy of Tae Kwon Do is the premiere Tae Kwon Do and Karate academy in Fairfield CT. We serve all of Fairfield County with members primarily from Fairfield and Bridgeport CT. We offer classes for men, women, and children of all ages. We are open 6 days a week and are family owned and operated. Following is our latest schedule. If you have any questions, please don't hesitate to call East Cost Academy of Tae Kwon Do at 203.384.8306.

| TIME | MON | TUE | WED | THU | FRI | SAT |
|---------------|-----------------------|-------------------|-----------------------|-------------------|-----------------------|-----------------------|
| 10:00 – 11:15 | | | | | | Advanced Children |
| 11:15 – 12:30 | | | | | | Intermediate Children |
| 12:00 – 1:30 | | | | | | |
| 12:30 – 1:45 | | | | | | Beginner Children |
| 1:45 – 3:00 | | | | | | Adult All Class |
| 5:00 – 6:15 | Intermediate Children | Beginner Children | Intermediate Children | Beginner Children | Intermediate Children | |
| 6:30 – 7:30 | Advanced Children | Adult All Class | Advanced Children | Adult All Class | Advanced Children | |
| 7:30 – 9:00 | Adult All Class | Advanced Adult | Adult All Class | Free Period | Adult All Class | |